



Adult Recreational Hockey Membership Program



Information Booklet for Adult Rec Hockey Players

Welcome to CARHA Hockey! CARHA Hockey is a national, not for profit, sport organization dedicated to providing resources and benefits to the adult recreational (old-timers and non-contact) hockey market in Canada. Since 1975, CARHA Hockey has offered programs and services for players to ensure you get the most out of your hockey experience.

Some of the programs and services we offer include:

Added Benefits

- ✓ Discover one of our 500+ supported tournaments
- ✓ Find a hockey team to play on through our Hockey Finder
- ✓ Many programs, promotions, and fun contests to enter

Enter Your Team in One of CARHA Hockey's Hosted Events

- ✓ [2020 CARHA Hockey World Cup](#) (Richmond, BC): March 29th - April 5th, 2020
- ✓ [Pacific Cup Hockey Tournament](#) (Victoria, BC): January 15th - 20th, 2019
- ✓ [Hometown Hockey Classic](#) (Ottawa, ON): November 23rd - 25th, 2018

Arena Finder

- ✓ Find an arena anywhere in Canada to play in

Keeping you Safe with Hockey Insurance!

- ✓ \$10 million liability coverage
- ✓ On-ice sport medical, dental, and death benefits for each member

WE'VE GOT YOU COVERED – Hockey Insurance

CARHA Hockey is partnered with Dan Lawrie Insurance Brokers who offer one of the most affordable hockey programs available. The CGL is underwritten by Everest Insurance Company of Canada and Accidental benefits are underwritten by Markel Insurance Company and are subject to the actual terms and conditions of the insurance policy in force during the period of membership.

As there is a risk playing hockey, there are chances of you or someone else being injured while playing. As such, whether you play in a league, on an independent team or with a shinny group, CARHA Hockey has you protected while you play the game. Your coverage is in effect for a full year

CARHA HOCKEY

Suite 610, 1420 Blair Place, Ottawa, ON K1J 9L8

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from October 1st to September 30th each year. You can also take your coverage with you to other CARHA Hockey registered leagues or teams at no additional cost.

Commercial General Liability Coverage (CGL) covers you in the event legal action is taken against you as a result of the game of hockey. CGL coverage provides you with up to \$10 Million per incident. Please note that should the incident be deemed criminal, these would fall outside the scope of a CGL policy.

ON-ICE SPORT ACCIDENT COVERAGE

Some of the many dental and medical benefits available to you include the following:

Blanket Medical Expenses Reimbursement Coverage \$50,000 Includes:	Up To
Prescription Drugs, Registered Nurse, Licensed Ambulance (hockey related)	Included
Psychological Therapy	Included
Hearing Aids, crutches, splints, casts, orthopedic devices, trusses, medical braces (must be prescribed by a Licensed Medical Physician)	Included
Special Transportation up to \$250/day	Included
Artificial Limbs	\$3,000
Physiotherapist	\$750
Chiropractor	\$750
Osteopathy / Acupuncture	\$750
Neuropsychology	\$750
Massage / Athletic Therapy (\$50/Session)	\$750
Fracture Benefit	\$500
Private MRI	\$750
Bereavement Benefit- Accident	\$1,000
Bereavement Benefit- Non-accident	\$500
Dental Coverage for Players (Full Facial Protection – no Mouth Guard required)	\$2,000
Dental Coverage for Players (Half Visor & Mouth Guard)	\$1,500
Dental Coverage for Goalies (CSA Approved Mask, Full Facial Protection – no Mouth Guard required).	\$2,000
Dental Coverage for Referees (Half Visor – no Mouth Guard required)	\$2,000

How to Submit an On-Ice Sport Accident Claim: If players are injured while on the ice playing hockey they can submit claims using the Sport Accident Claim form or by contacting the CARHA Hockey office. The coverage extended will be contingent upon the policy particulars.

- Claim forms must be signed off by a League Organizer or Team Representative;
- Claim forms can be submitted by fax or email along with receipts;
- Claim forms must be submitted within 90 days of injury. Claimants may submit receipts for up to one (1) year from date of injury;

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- Players are eligible for the coverage providing they have been seen by a doctor or dentist within 30 days from their date of injury;
- On-ice accidental dental injury coverage shall only apply to whole, sound, natural teeth providing the minimum facial protection equipment is worn. The policy also allows for crowns, veneers and supporting structures. Capped teeth are included as part of the coverage as long as they cannot be removed;
- On-ice accidental medical coverage must be prescribed by a licensed physician.
- Players are eligible to receive 100% of the sport accident coverage and there are no deductibles. The insurance acts as primary coverage for players that have no insurance of any kind. The insurance acts as secondary coverage for players that have insurance through their work or otherwise;
- Claims are processed by our brokers within a 10-15 day time frame.

Important Notice: CARHA Hockey and its insurers do not support the use of alcohol and/or drugs while participating in the game of hockey. Should such activity present itself, the insurance coverage provided by our organization may be jeopardized.

Pregnancy: CARHA Hockey welcomes the participation of pregnant women who wish to play adult recreational hockey. For safety purposes, however, we recommend that you consult your physician prior to playing hockey. Please note that coverage does not extend to injuries sustained that affect the term of your pregnancy or the unborn fetus.

Please contact the following CARHA Hockey staff member for further information

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